

Open 7 days a week  
9am-5pm and by special appointment



## HAIR

### LADIES' MENU

SHAMPOO, CUT, & BLOW DRY STYLE	\$35+
SHAMPOO, BLOW DRY STYLE OR SET	\$25+
FLAT IRON ONLY	\$35
FLAT IRON ADD-ON	\$20
CHILDREN'S CUT (UNDER 12)	\$15
DEEP CONDITIONING	\$35

### GENTS' MENU

MUSTACHE, BEARD TRIM	\$10+
MEN'S CUT	\$22+
MEN'S SHAMPOO, CUT & BLOW DRY STYLE	\$30+

### COLOR

PERMANENT (SHORT/LONG HAIR)	\$60 - \$95
TEMPORARY (SHORT/LONG HAIR)	\$50 - \$75
HIGHLIGHTS (PARTIAL/FULL HEAD)	\$60 - \$95
CORRECTIVE COLOR - Priced by consultation	
ADD A CUT TO ANY COLOR SERVICE	\$25

### PERM

SHORT/LONG HAIR	\$70 - \$90
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### FORMAL & BRIDAL SERVICES

FORMAL HAIR STYLE/UP-DO	\$50
BRIDAL HAIR STYLE/UP-DO	\$60
TRIAL BRIDAL HAIR STYLE/UP-DO	\$70
BASIC MAKE-UP	\$35
SPECIAL OCCASION MAKE-UP	\$50

## WAXING

BROWS, LIP, CHIN, OR CHEEKS	\$15
UNDERARMS	\$20
BIKINI	\$30
ARMS (HALF/FULL)	\$30 - \$40
LEGS (HALF/FULL)	\$40 - \$65
BACK OR CHEST	\$45

All of our salon treatments are all-natural with the exception of a select few salon products.

## FACIALS

### SHAWNEE SIGNATURE MIXOLOGY FACIAL

Our signature facial is completely customized to suit your specific skin needs. We use Éminence products made with organic fruits and vegetables to revitalize your face. Cleansing, toning, skin analysis, exfoliation, extraction with steam, a facial massage, and a mask are included with this renewing treatment. (50 min.) \$95

### DEPUY'S AGE DEFENSE FACIAL

Our Age Defense facial is the ultimate in luxury and pampering to renew your skin's texture and eliminate unwanted lines. It includes cleansing, toning, micro-dermabrasion, steam and extraction, massage and mask, and a finishing care. (70 min.) \$110

### WORTHINGTON'S GEM FACIAL

Your skin will feel a sense of renewal after being gently massaged with crystal wands, which have a cooling and soothing effect. This treatment includes cleansing, toning, exfoliation, plus a revitalizing massage with a mask and cream. (50 min.) \$95

### PERFECT BRIDE FACIAL

For your special day, let us work our magic on you. We will focus on the eye area to relieve any puffiness and reduce eye redness. While under the mask, your arms are exfoliated and deeply nourished with a fruit infused lotion. (50 min.) \$95

### TEEN PERFECTION FACIAL

This "just for you" facial gives any teen the perfect skin. This treatment includes deep cleansing facial with extraction, a soothing mask to calm the skin, reducing redness and inflammation, and finishing off with a cream to matte your skin's complexion. (50 min.) \$95

## FACIAL ADD-ONS

### BRIGHT EYES

This four-step treatment is designed to gently, but effectively treat and minimize fine lines, wrinkles, puffiness, and dark circles. \$20

### LUSCIOUS LIPS

This deeply hydrating treatment is designed to erase fine lines and help stimulate natural lip-plumping collagen. \$20

## SCHEDULING YOUR APPOINTMENT

A major credit card is required to guarantee your reservation. Please help us by arriving 20 minutes prior to your appointment. Our scheduling is designed to permit the maximum time needed for your service. All guests must be at least 13 years of age (under 18 must be accompanied by an adult).

## CANCELLATION POLICY

**Change of Appointment Status:** We require 24 hours notice to reschedule or cancel a single service appointment. For multiple treatments or packages, 48 hours notice is required.

**No Show Policy:** No-shows or failure of notice to cancel will result in a full charge of the appointment booked. No exceptions will be made.

## NOTICE

When scheduling a service, please inform our receptionist if you are pregnant, have allergies, or any other health conditions.

## GIFT CERTIFICATES AVAILABLE

Gift Certificates may be purchased for any dollar amount. Please see the spa receptionist or contact our reservations department at ext. 1414.

Prices subject to change without notice.

*Inspired by the life restoring elements of nature, Spa Shawnee™ strives to be a sanctuary dedicated to re-energizing the body, mind, and soul.*

**1-800-SHAWNEE** ext. 1438  
**SpaShawnee.com**



[SpaShawnee.com](http://SpaShawnee.com)

One River Road | P.O. Box 67, Shawnee on Delaware, Pennsylvania 18356

## MASSAGE & BODY TREATMENTS

### SHAWNEE SWEDISH MASSAGE

Nothing says, "Welcome to Spa Shawnee!" better than this classic Swedish technique. We use aromatic essential oils to help relieve tension, soothe muscles, and promote an overall sense of peace and relaxation. (55 min.) \$85 (85 min.) \$125

Deep Tissue  
(55 min.) \$100 (85 min.) \$140

### EAGLE'S GLORY MASSAGE

This Spa Shawnee exclusive aims to relax 18 holes of muscle tension, focusing on those hard to reach places. Individually prepared warm oils are blended specifically for the avid Shawnee golfing guest. Our treatment includes a soothing warm golf ball rolling, which will prepare you for activities beyond the 19th hole. Get ready to soar! (70 min.) \$100

### RIVER STONE MASSAGE

Against the backdrop of the Delaware River, which has given life and restored balance to those living near its banks for centuries, fused oils are slowly dripped on the skin and massaged in with warm river rocks. Rebalance your energy centers and get back in touch with yourself and Mother Nature. (55 min.) \$100

### SIGNATURE MIXOLOGY MASSAGE

A true Shawnee original! Create your own customized treatment based on your individual needs. Consult with your therapist before your treatment to determine the best combination of massage, stretching, and aromatherapy to make you feel your absolute best. A great option for athletes or those who just need that little something extra! (70 min.) \$125

### SHAWNEE ALL-NATURAL BODY WRAP

A Shawnee exclusive! Your skin is first prepared with gentle, scrubbing exfoliation of your body. You are then wrapped in an **Éminence** mask of your choice. These special formulas help deeply cleanse the body, hydrate, nourish, and firm the skin. Leave your mind in a deep state of peace while you receive a scalp and foot massage. (50 min.) \$90 (70 min. with hydrotherapy) \$120

Ask about our  
all-natural  
**Éminence**  
products!



### GLEASON'S GLOW GOLF WRAP

Specially formulated to release tension, a mask is applied over the entire body, relaxing your tense muscles. While cocooned, you will receive a dry scalp and foot massage. This treatment will leave you completely relaxed and rejuvenated. (40 min.) \$80 (70 min. with hydrotherapy) \$110

### SHAWNEE SKI LIFT WRAP

After a day on the slopes, this warming, hydrating and deeply relaxing treatment will bring you to your peak. Warm, creamy, body clay is applied to the skin while your feet are massaged and wrapped in an infused treatment towel. (40 min.) \$80 (70 min. with hydrotherapy) \$110

### BRIDE-TO-BE BODY WRAP

For your beautiful day, your skin is gently buffed and then nourished with a warm, French clay mask. Enjoy a luxurious scalp and face massage while wrapped in a thermal blanket. The perfect start to your perfect day! (40 min.) \$80 (70 min. with hydrotherapy) \$110

## COUPLE'S/COMPANION TREATMENTS

*Not available with hydrotherapy.*

Experience a one of a kind side-by-side treatment in our couple's suite. Choose from our massages or body treatments listed below to share with that special someone for a fully relaxing and centering experience.

SWEDISH (55 min.) \$180 (85 min.) \$260  
RIVER STONE (55 min.) \$210  
EAGLE'S GLORY (70 min.) \$210  
DEEP TISSUE (55 min.) \$210 (85 min.) \$290  
SHAWNEE ALL-NATURAL BODY WRAP \$190  
GLEASON'S GLOW GOLF WRAP \$170  
SHAWNEE SKI LIFT WRAP \$170

## TREATMENT ADD-ONS

### STEAM AND HYDRO CAPSULE

While you lie on our pre-warmed wet table, steam will envelop your body to stimulate your pores and release any impurities. As the steam and showers invigorate your skin, enjoy a scalp and facial massage. (25 min.) \$30

BACK MASK (25 min.) \$35  
FOOT OR BACK EXFOLIATION (10 min.) \$25  
HEAD OR FOOT MASSAGE (10 min.) \$25

## BODY SCRUBS

### SEA SALT GLOW

Lay on the comfortable treatment bed as a purifying mix of Dead Sea salts and nourishing botanical extracts are worked into your problem areas. As you lay in the warmth and privacy of the enclosed capsule, the aroma steam heals and draws out impurities. Hydrotherapy rinses off the body and the treatment is completed, effectively removing impurities and leaving the skin feeling soft, supple, and detoxified. (25 min.) \$65

### NATURAL SUGAR SCRUB

Loaded with luscious sugar and fruits to gently detoxify and re-nourish your body. Lay in the warmth and privacy of the enclosed capsule and drift away while the therapist performs a scalp and facial massage. Hydrotherapy effectively rinses off the body within the capsule to finish this treatment with an "Ahhh..." (25 min.) \$65

## NAILS

### SHAWNEE SIGNATURE PEDICURE

Not your average pedicure! Be prepared to be revived and renewed with a heavenly sea salt foot exfoliation and a nourishing and hydrating foot bath followed by a warm deep foot massage, milk and honey mask, and paraffin dip. (60 min.) \$80

### ENLIGHTENED HANDS MANICURE

An age-defense manicure specifically designed to prevent and reduce age spots, with our unique back of the hand mask and a nourishing hand and arm massage, and paraffin dip. (50 min.) \$70

BASIC MANICURE	\$25
FRENCH MANICURE	\$30
POLISH CHANGE	\$15
BASIC PEDICURE	\$35
FRENCH PEDICURE	\$45
PARAFFIN DIP	\$12

## SPA PACKAGES\*

*For a complete list of packages, see next page.*

**FULL-DAY** (approx. 5 hrs.) \$264  
Swedish Massage (55 min.)  
Shawnee Mixology Facial (50 min.)  
Sea Salt or Sugar Exfoliation (25 min.)  
Basic Manicure, Basic Pedicure  
Lunch

**HALF-DAY** (approx. 2.5 hrs.) \$208  
Shawnee Swedish Massage (55 min.)  
Worthington's Gem Facial (50 min.)  
Sea Salt or Sugar Exfoliation (25 min.)

**STRESS BREAKER** (approx. 1.5 hrs.) \$119  
Mini Mixology Facial (30 min.)  
Upper Body Massage (25 min.)  
Hydrotherapy (25 min.)

**QUICK ESCAPE** (approx. 1.5 hrs.) \$89  
Mini Mixology Facial (30 min.)  
Quick Pedicure (30 min.)  
Basic Manicure (30 min.)

*\*No changes or substitutes permitted to any packages. Cannot be combined with any other offer.*

**1-800-SHAWNEE** ext. 1438  
**Spa@ShawneeInn.com**

## FULL DAY PACKAGE\*

**FULL DAY** (approx. 5 hrs.) \$264  
Swedish Massage (55 min.)  
Shawnee Mixology Facial (50 min.)  
Sea Salt or Sugar Exfoliation (25 min.)  
Basic Manicure (30 min.)  
Basic Pedicure (45 min.)  
Lunch

*\*No changes or substitutes permitted to any packages.  
Cannot be combined with any other offer.*

## SIGNATURE PACKAGES\*

**SHAWNEE SIGNATURE** (approx. 4 hrs.) \$324  
Swedish Massage (85 min.)  
Shawnee Mixology Facial (50 min.)  
Shawnee Pedicure (60 min.)  
Enlightened Hands Manicure (50 min.)  
Lunch

**BRIDAL SIGNATURE** (approx. 3.5 hrs.) \$285  
Perfect Bride Facial (50 min.)  
Bride-to-be Body Wrap (40 min.)  
Shawnee Pedicure (60 min.)  
Enlightened Hands Manicure (50 min.)  
Lunch

**GOLFER'S PACKAGE** \$320  
Eagle's Glory Massage (70 min.)  
Gleason's Glow Body Wrap (70 min.)  
Worthington's Gem Facial (50 min.)  
Enlightened Hands (50 min.)  
Lunch

**AGE DEFENSE SIGNATURE** (approx. 2.75 hrs.) \$230  
Depuy's Age Defense Facial (70 min.)  
Shawnee All-Natural Body Wrap (50 min.)  
Enlightened Hands Manicure (50 min.)

**HALF-DAY OPTION 2** (approx. 2.5 hours) \$130  
River Stone Massage (55 min.)  
Basic Manicure (30 min.)  
Basic Pedicure (45 min.)

*\*No changes or substitutes permitted to any packages.  
Cannot be combined with any other offer.*

## SUPER VALUE PACKAGES\*

**STRESS BREAKER** (approx. 1.5 hrs.) \$119  
Mini Mixology Facial (30 min.)  
Upper Body Massage (25 min.)  
Hydrotherapy (25min.)

**MEN'S PACKAGE** (approx. 1.5 hrs.) \$110  
Men's Manicure (30 min.)  
Upper Body Massage (25 min.)  
Sea Salt or Sugar Exfoliation (25 min.)

**QUICK ESCAPE** (1.5 hrs.) \$89  
Mini Mixology Facial (30 min.)  
Basic Pedicure (30 min.)  
Basic Manicure (30 min.)

*\*No changes or substitutes permitted to any packages.  
Cannot be combined with any other offer.*

## TREATMENTS

◇ Some medical conditions preclude offering any body treatments.

◇ For your safety and the safety of your child, massage services can only be performed between the 12th and 36th weeks of pregnancy. It is advisable to avoid treatments that use heat and deep pressure or most aromatherapy.

◇ For your safety inform your booking agent if you are taking medications such as blood thinners, heart medication, muscle relaxers or pain medication. These do not necessarily preclude treatment; your therapist must be aware of these medications to make your treatments beneficial.

◇ Our spa is cell phone and laptop free. Please turn off these devices as not to disturb other spa guests.

◇ Please arrive 20 minutes prior to your appointment to prepare.

◇ You may wear swimsuits during hydrotherapy treatments if you wish; we provide disposable undergarments as well.

◇ Please remove contacts prior to facial treatments.

◇ Lockers, robes and slippers are provided for your convenience.

◇ Shower and locker room facility is available.

◇ We reserve the right to terminate any session due to disrespectful or inappropriate conduct.

◇ Please advise your therapist at anytime if you are uncomfortable or have any questions.

## GRATUITIES

Gratuities in the spa are at the guest's discretion, but 15-20% percent is the recommended amount.

## HOURS OF OPERATION

We are open 7 days a week 9am-5pm and by special appointment. Walk Ins are welcome.

## OUR STAFF

All of our Massage Therapists, Estheticians, Cosmetologists, and Nail Technicians are qualified professionals.

## FAQ's

### May I request a Male or Female Therapist?

Whenever possible we will accommodate the requests of our guests. We do ask that you make your request at time of reservations.

### Where Will My Session Take Place?

Your session will take place in a warm, comfortable, quiet room. Soft music may be played to help you relax. You will lie on a table especially designed for your comfort.

### Must I Be Completely Undressed?

Most massage and bodywork techniques are traditionally performed with the client unclothed; however, it is entirely up to you what you want to wear. You should undress to your level of comfort. You will be properly draped during the entire session. For our hydrotherapy sessions we suggest a 2-piece bathing suit or trunks, or we also have disposable undergarments if you would prefer.

### Will the Practitioner Be Present When I Disrobe?

The practitioner will leave the room while you undress, relax onto the table, and cover yourself with a clean sheet.

### Should I Wear Jewelry?

We recommend that jewelry not be worn during any treatment.

### Will I Be Covered During the Session?

You will be properly draped at all times to keep you warm and comfortable. Only the area being worked on will be exposed.

### What Parts of My Body Will Be Massaged?

A typical full body session will include work on your back, arms, legs, feet, hands, head and neck.

### Are There Different Kinds of Massage and Bodywork?

There are numerous types of massage and bodywork; various techniques utilize different strokes, including basic rubbing strokes, rocking movement, posture and movement re-education, application of pressure to specific points, and more.

### How Long Will the Session Last?

The average full-body massage or bodywork session lasts approximately one hour. A twenty-five minute appointment only allows time for a partial massage session, such as neck and shoulders, back or legs and feet. Many people prefer a 50- to 80-minute session for optimal relaxation. Always allow relaxation time prior to and after the session. Our Hydrotherapy capsule can assist in the relaxation process.

### What Should I Do During the Massage or Bodywork Session?

Make yourself comfortable. The practitioner will either gently move you or tell you what is needed throughout the session (such as lifting your arm). Many people just close their eyes and completely relax. Others like to talk during their session. Feel free to ask the practitioner questions about massage and bodywork in general or about the particular technique you are receiving.

### How Will I Feel After the Massage or Bodywork Session?

Most people feel very relaxed. Some experience freedom from long-term aches and pains developed from tension or repetitive activity. After an initial period of feeling slowed down, people often experience increased energy, heightened awareness, and greater productivity that can last for days. Since toxins are released from your soft tissues during a massage, it is recommended you drink plenty of water following your massage.

**What Are the Benefits of Massage and Bodywork?**

Massage and bodywork can help release chronic muscular tension and pain, improve circulation, increase joint flexibility, reduce mental and physical fatigue and stress, promote faster healing of injured muscular tissue, improve posture, and reduce blood pressure. Massage and bodywork is also known to promote better sleep, improve concentration, reduce anxiety and create an overall sense of well being.

**Are There Any Medical Conditions That Would Make Massage or Bodywork Inadvisable?**

Yes. That's why it's imperative that, when you book your session you inform your booking agent of any conditions.

**How Do I Make an Appointment With Spa Shawnee?**

We recommend contacting the spa in advance of your arrival to schedule an appointment. Non-guests are also welcome to join us and are also advised to call in advance of the date they would like to schedule services. We do offer walk in services but cannot guarantee availability. A valid credit or debit card will be needed to book any appointments. To schedule your session, please call the resort directly at 1-570-424-4000 or 1-800-SHAWNEE.

**How Early Should I Arrive for My Spa Services?**

We recommend that you arrive 20 minutes before your scheduled appointment. This will give you time to unwind, change, and relax in our Golden room.

**Do I Need to Tip My Therapist?**

Tips and gratuities are not required however are appreciated. 15-20% is customary for superior service.

**What Do I Need to Bring With Me to My Appointment?**

We gladly provide our guests with all essentials, such as robes, slippers, disposable undergarments, etc. A locker room is available with personal lockers, showers, and changing areas. If you are receiving a Hydrotherapy treatment, you may bring a swimsuit or, use the provided disposable undergarments.

**What is the Spa's Policy for Cell Phones?**

Cell phones and pagers are to be turned off at the spa to ensure complete relaxation for you and our other guests.

**What Do I Do if I Need to Cancel My Appointment?**

We ask for a full 24-hour notice of any cancellation of the service. For any cancellations under 24 hours (48 hours for multiple or package appointments), the guest will be responsible for the full price of the service. A "no call, no show" will result in full charge.

**May I Bring My Child to the Spa?**

Children under the age of 16 years are not allowed in the Spa. Children staying at the Resort may use the indoor pool during regular business hours only and under strict parental or adult supervision. Parents are requested to keep children under control so that they do not cause disturbance to other Spa guests.

**Am I able to receive services if I am pregnant?**

We do have several options available; however there are certain services that will not be performed on expectant mothers. Most treatments can be performed between the 12th and 36th weeks of pregnancy. Please inform the Spa Coordinator of your condition at the time of booking.

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**1-800-SHAWNEE** ext. 1438